

Monday	Tuesday	Wednesday	Thursday	Friday
31 Cheese Omelet w/ Cheese Sauce Peppers, Onions & Tomatoes Tater Tots Raisin Bread Fruit Compote (777)	1 Entrée Salad Greek Grilled Chicken Salad Breakaway Roll Cinnamon Pear Crisp (867)	2 Lentil Bolognese Pasta Broccoli <i>Chef Salad with Dressing</i> Dinner Roll Peach Bavarian (730)	3 Breaded Pork Chop with Gravy Lazy Pierogi Harvard Beets Whole Wheat Dinner Roll Pineapple & Mandarin Oranges (700)	4 Teriyaki Beef Strips over White Rice Oriental Mixed Vegetables Orange Pineapple Juice Fresh Pear <i>Chocolate Milk</i> (662)
7 Chicken Piccata with Lemon Caper Sauce Vegetable Rice Pilaf French Bean Medley Dinner Roll Fresh Orange <i>Chocolate Milk</i> (659)	8 Stuffed Shells with Tomato Meat Sauce and Shredded Mozzarella <i>Chef Salad with Dressing</i> Cauliflower Italian Bread Shortbread Cookies (921)	9 Pork Ribette with BBQ Sauce Scalloped Potatoes Peas with Red Pepper Dinner Roll Chocolate Bavarian (808)	10 Entrée Salad Tuna Salad on a Bed of Salad Greens with Dressing Whole Wheat Dinner Roll Ice Cream (676)	11 Soup & Salad Cream of Potato Soup with Ham Brussel Sprouts <i>Chef Salad with Dressing</i> Cornbread Strawberry Gelatin with Fruit (659)
14 Valentine's Day Cheese Tortellini with Chicken and Roasted Red Pepper Sauce Carrots Broccoli Florets <i>Chef Salad with Dressing</i> Dinner Roll (839) Chocolate Drizzled Cheesecake	15 Entrée Salad Southwestern Steak Salad with Ranch Dressing Whole Wheat Dinner Roll Cinnamon Applesauce <i>Chocolate Milk</i> (907)	16 Ham Steak with Crushed Pineapple Topping Sweet Potatoes Creamy Cabbage with Dill Whole Wheat Dinner Roll Shortbread Cookies (692)	17 Breaded Chicken Breast with Gravy & Cranberry Sauce Garlic Mashed Potatoes Green Bean Casserole Wheat Bread Strawberry Bavarian (687)	18 Stuffed Pepper with Tomato Meat Sauce Italian Vegetables Mashed Potatoes Dinner Roll Fruit Compote (654)
21 Presidents' Day Holiday No Meals Served	22 Sloppy Joe on a Wheat Roll Seasoned Roasted Red Potatoes Sliced Carrots Tropical Fruit (655)	23 Boneless Chicken Breast with Herb Gravy Mushroom Farro Risotto Broccoli Deli Rye Bread Fresh Banana <i>Chocolate Milk</i> (768)	24 President's Day Lunch Breaded Bone-In Pork Chop with Gravy Ranch-seasoned Mashed Potatoes Peas with Pearl Onions <i>Chef Salad with Dressing</i> Dinner Roll Cherry Pie with Whipped Topping (1016)	25 Beer Battered Fish with Tartar Sauce German Potato Salad Mixed Vegetables <i>Coleslaw</i> Cornbread Ambrosia (837)
28 Rotini & Meatballs with Tomato Sauce & Shredded Mozzarella Cauliflower Seasoned Spinach Fruit Cocktail (681)	1 Fat Tuesday Chicken & Sausage Paella Yellow Rice Fiesta Corn Fruit Punch <i>Marinated Cucumber Salad</i> Chocolate Eclair (796)	Ash Wednesday 2 Soup & Salad Broccoli Cheddar Soup <i>Chef Salad with Dressing</i> Carrots Cornbread Fresh Apple <i>Chocolate Milk</i> (976)	3 Beef Stew Mashed Potatoes Biscuit Chocolate Mousse (727)	4 Entrée Salad Tuna Macaroni Salad on a Bed of Salad Greens Whole Grain Crackers Frosted Spice Cake (820)

Please call the Lancaster Senior Center at 716-685-3498 to order. Lunch orders are placed one week ahead.